



Cystic Fibrosis WA Inc
Submission to
Education and Health Standing
Committee
Western Australia's Current
and Future Hospital and
Community Health Care
Services July 2009
Nigel Barker CEO

Who is Cystic Fibrosis WA Inc.

- Not-for-profit Charitable Organisation est. 1974
- Since 1993 CFWA Contracted to provide a range of Comprehensive Home Care Services to Children, Young Adults families and their carers living with CF
- The only provider of specialist CF community care in WA
- Under the current contract (renewal in June 2009) net savings through reduction of bed days estimated at \$2.8m over three years but more could be saved with the following approach

What do we want?

- A fully resourced Adult Outpatient Clinic at Sir Charles Gairdner Hospital within 12 months

Problem Definition

- The outpatient clinic at SCGH is severely under resourced
- Number of FTE's in the clinic 3 versus recommendation in Standards Of Care 16.1 – Ask is for 8.1 (additional 5.1 FTEs)
- Growing number of adult patients – 50:50 in 2009 approx 300 people in WA with CF
- Imminent retirement of Dr Gerry Ryan – only one other adult CF physician in WA
- Lack of multidisciplinary resources available for Adult CF Outpatient Clinic – gastro, physiotherapist, dietician, nurse, social worker, psychologist, microbiologist, genetic counselor (ref page 19 of Standards Of Care)

Proposed Increase in Staffing Levels for the Adult Outpatient Clinic at SCGH

SOC Versus SCHG 2008	Standards of Care Recommendation	Proposed levels for 2009
FTEs	75-150 Patients	149 patients
Consultant 1	1	1.5
Consultant 2	0.5	0
Consultant 3	0	0
Clinical Fellow /Advanced Trainee	1	0
Registrar/RMO	0.8	1
Specialist Nurse	3	1.5
Physiotherapist	4	1.5
Dietician	1	0.6
Social Worker	1	0.6
Psychologist	1	0.2
Secretary	1	0
Data Clerk	0.8	1
Pharmacist	1	0.2
	16.1	8.1

Imperative

- Freeing up hospital bed days – effective outpatient clinic reduces the frequency of hospital admissions
- Accelerating need – large number of young adults will be transitioning over to SCGH in the next 5 years versus inadequate resources at SCGH. Hospital is seeking help from CFWA to fund services
- If current direction does not change – worsening outcomes for adult CF's, increased frequency of hospital admissions, further pressure on beds, increased costs to the public
- Current situation is not sustainable – even in the medium term

Clear Benefits

- Saves money
- Frees up resources within the hospital.
- Low cost, quick fix solution which will deliver sustainable benefits into the future – health outcomes and quality of life
- Provides a good foundation for the development of the model of care

For further details contact
Nigel Barker
Chief Executive Officer
Cystic Fibrosis WA Inc.
PO Box 959 Nedlands WA 6909
08 9346 7333
ceo@cysticfibrosiswa.org